

'Horanics' - Positive thoughts for the developing mind...

"Event + Reaction = Outcome"

"Be the Best You Can - and Be Happy"

"The Choice is Always Yours - What Do You Choose?"

"Collaborate. Share. Know"

"Life is a Curly Wurly"

"Never Waste a Good Crisis!"

"What are You Looking for Today?"

"There's an Awful Lot of Failure Built into Success"

"Without Coaching There's No Linking to Thinking!"

"Do it Well, Do it Now!"

"There is nothing so useless as doing something efficiently that which should not be done at all!"

"Never Say No to a Cuddle!"

"Tough decision to make? Sleep on it - and your intuition will let you know"

Treat Yourself...

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“Lord grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”

- *Saint Francis of Assisi*

It's easier to put on slippers than to carpet the whole world.

Al Franken

“Inside, you have the answer; you know who you are and what you want.”

Lao-tzu

“Go confidently in the direction of your dreams. Live the life you have imagined.”

Henry David Thoreau

“If you think you can do it, or if you think that you can't do it, you're probably right.”

Henry Ford

“Feel the fear & do it anyway.”

Susan Jeffers

Be Inspired...

“Develop a passion for learning. If you do, you will never cease to grow.”

“Listen to your intuition. It will tell you everything you need to know.”

You must first get along with yourself before you can get along with others.”

If you have a vision, do something with it.”

Anthony J. D'Angelo

Say Yes to You...

Say Yes You Can
Say Yes You Can Now
Say Yes You Can Your Way
Say Yes to You...

- Nick Horan

Ask Yourself...

If not you, who?
If not now, when?
If not this way, which way?
If not here, where? If not this, what?
If not like this, how?
If you think you can, you can.

- Nick Horan

“The days of our lives, for all of us, are numbered. We know that. And yes, there are certainly times when we aren't able to muster as much strength and patience as we would like. It's called being human. But I have found that in the simple act of living with hope, and in the daily effort to have a positive impact in the world, the days I do have are made all the more meaningful and precious. And for that I am grateful.”

- Elizabeth Edwards (1949 - 2010)

(Elizabeth was an attorney, a best-selling author and a health care activist. She was married to John Edwards, the former U.S. Senator from N.Carolina who was the 2004 United States Democratic vice-presidential nominee.)

Through all that she endured, Elizabeth revealed a kind of fortitude and grace that will long remain a source of inspiration.

- Barack Obama

Positive Thoughts

I keep six honest serving-men
(They taught me all I knew);
Their names are What and Why and When
And How and Where and Who

Rudyard Kipling

You don't stumble into the
future. You create your
own future

Roger Smith

There is nothing like a dream
to create the future

Victor Hugo

If I can make it, you can make it

Reverend Jesse Jackson

Courage is doing what
you are afraid to do. There
can be no courage unless
you're scared

Eddie Rickenbacker

Happiness is a
habit - cultivate it

Elbert Hubbard

No man knows
what he can do until
he tries

Publius Syrus

Anyone's a fool who doesn't try to
live up to his dreams and abilities

Saying

Above all, challenge yourself. You
may well surprise yourself at the
strengths you have, what you can
accomplish

Cecile M. Springer

Be civil to all; sociable
to many; familiar with
few; friend to one;
enemy to none

Benjamin Franklin

Laughter makes
good blood

Italian Proverb

Trust men, and they will
be true to you; treat them
greatly, and they will show
themselves great

Ralph Waldo Emerson

The tragedy of life
doesn't lie in not
reaching your goal.
The tragedy lies in
having no goal to
reach

Benjamin E. Mays

Something will turn up

Benjamin Disraeli

It matters not how
long you live, but
how well

Publius Syrus

The most wasted day of
all is that on which we
have not laughed

Sebastien Chamfort

It's never too late to be who you
want to be

Nick Horan

All of us do not have equal
talent, but all of us should
have an equal opportunity
to develop our talent

John F. Kennedy